

| | | |
|------------------------|--|---|
| Resource Title: | Tips for Young People – For Supporting Virtual Peer Engagement | |
| Source: | PEAL Center | |
| TD Indicator | TD Sub-Indicator | Transition Skill |
| Youth Development | Self-Awareness, Self-Determination Development Skills, Self-Management Skills Development, Significant Role of Adults. | Self-Advocacy Skills, Determination Skills, Leadership skills Management Skills |

What is it?

- Lesson Plan
- Tool Kit (package of items)
- Tip Sheet
- Website
- Presentation
- Other

Who is leading this?

- Stakeholders
- Family
- Youth

Target audience?

- Stakeholders
- Family
- Youth

What is included?

This resource is a set of useful tips to address and work with individuals with disabilities. It is a tool to build up self-advocacy and keep the youth engage and motivated when performing tasks through structure accommodations and flexibility.



TIPS FROM YOUNG PEOPLE

FOR SUPPORTING VIRTUAL PEER ENGAGEMENT

GIVE US SOME SPACE



- Respect our privacy
- Provide only the support we need
- Let us practice independence
- Show us different ways to participate

SEPARATE SPACES

- We don't want to work where we play
- Set up stations for different activities
- Designate times for each activity
- Free time means free time



REDUCE SCREEN-TIME



- Give us a break
- Adjust the lighting, screen distance, and our surroundings
- Remind us to stretch and get up and moving
- Help us find something else to do away from the screen

FOCUS ON WHAT WE CAN CONTROL

- Talk to us about how we are feeling
- Make social stories, schedules and calendars
- Be honest with us
- Help us discover things to look forward to
- Support us to plan and make decisions when we can

