

Transition Planning

1.1 Career Exploration Planning and Preparation



**Career
Exploration
Planning and
Preparation**



**Postsecondary
and College
Planning**



**Independent/
Community
Living**



**Significant
Role of
School
Personnel**



What is career exploration planning and preparation?

...Exploration and learning about careers through a transition team at school so that you know what kinds of work you want to do during and after high school.

Ideally, this planning and preparation includes...

- Having a team to help you become aware of careers
- Giving you many opportunities to

explore careers through meeting with professionals, visiting job sites, volunteering, work study, internships, and getting a paid job while in high school

- Learning about and getting the services and supports to help you succeed at work
- Learning skills so that you can manage your time, schedule what you need to do and take care of yourself at home and work
- Building your skills to get along with others at work
- Helping you identify your career goals and steps you need to take to get a job

This career planning and preparation results in...

- Knowing about careers that fit you
- Learning skills to succeed in your career
- Providing you with a chance to try different work experiences to find a good match
- Getting and keeping a job that pays at least minimum wage in the community



“Starting in 10th grade we do Planning for the Future and Start on Success. In class, my teacher every couple of weeks is like, ‘Hey, what do you want to do in your career’? You start there and you do different things every year and it builds up to an internship in your senior year. It might not be exactly what you want, but it’ll be along the line of what you’re like trying to get into. It’ll be in your field. And if you wanted to, or a different position opened up, they would move you.”

Transition-age youth