

# TD's Tips!

## Pre-College Experience Programs



### What can I do?

1. Ask a trusted adult or a member of your transition team to help you find some pre-college experience programs in your community or local region.
2. Identify a program that looks like it would be fun, helpful, and interesting to you.
3. Find out what you need to apply, the dates of the program(s), requirements, and the cost. Don't forget to check and see if you qualify for scholarships!
4. Share the information you found with a trusted family member or guardian. Let them know you want to participate and you'd like their support to complete a pre-college experience program.

### Pro Tip!

Send an e-mail or call the contact person listed on the program's website to get more information. Introduce yourself, let them know why you want to participate, and become more than a name on an application.

### How about an ultimate challenge?

Take responsibility and talk to your transition team or school counselor. Ask them to help you gather the documents you need to apply, like transcripts or letters of recommendations.



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This tip sheet is aligned to the "Postsecondary Education" lesson plan. You can search in the "resources" page on [transitiondiscoveries.org](https://www.transitiondiscoveries.org) to download it!