

# TD's Tips!

## Job Coaching Services



### What can I do?

1. [Interested in learning more about what job coaching looks like? Watch this video!](#)
2. After watching the video, reflect: How could a job coach help you gain and maintain employment?
3. Make a list of ways a job coach could be helpful for you in a new or current job.
4. Share your list with your transition team and discuss how you could get the services of a job coach as a part of your transition plan.

### Pro Tip!

Ask your transition team to help you find some agencies within your local area that offer job coaching and review the services they offer and the eligibility requirements.

### How about an ultimate challenge?

Make a list of agencies with job coaching that seem like a good fit for you. At your next transition team meeting, decide on the next steps you will take to get connected to the agency that seems like the best fit so that you can start to access job coaching services for current or future employment.



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This tip sheet is aligned to the “Employment” lesson plan. You can search in the “resources” page on [transitiondiscoveries.org](https://www.transitiondiscoveries.org) to download it!