

TD's Tips!

Discovery Process



What can I do?

1. Talk to your transition team about using the Discovery Process to make your transition planning process more centered on you!
2. Invite family members, teachers, your boss, mentors, or your friends to be interviewed by your transition team.
3. Ask your transition team to help you learn more about yourself with different assessments that will explore your strengths, interests, preferences and needs.
4. With your transition team, discuss what you learned from your family members, friends, school staff, and other people who know you. How can that information help you make better decisions about your transition goals?

Pro Tip!

Be creative as you “discover” how your community, family, and social network can connect you with experiences to help you reach your goals for adulthood.

How about an ultimate challenge?

With your transition team, personalize your employment plan. Know your interests, strengths, skills, and abilities. Learn what services are available for you and what businesses and agencies are there to support you every step of the way.



**TRANSITION
DISCOVERIES**

Your Voice · Your Story · Your Future

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This tip sheet is aligned to the “Employment” lesson plan. You can search in the “resources” page on [transitiondiscoveries.org](https://www.transitiondiscoveries.org) to download it!