

TD's Tips!

Transition Conference



What can I do?

1. Make a list of questions you have about becoming an adult.
2. With a trusted adult, decide if each question is about: 1) employment; 2) education or training; or 3) community experience or independent living.
3. Ask your transition team if there is a local, regional, or state transition conference coming up. If their answer is yes, talk with your family about attending together. You might also attend with someone from your transition team!
4. Register for the conference and find workshops or learning experiences that will help answer some of your questions.

Pro Tip!

At the transition conference, talk to at least three young people who you don't already know. Ask them questions about their plans for their futures.

How about an ultimate challenge?

Ask your transition team if you can volunteer to be a youth organizer for the next conference in your community! This could include helping design activities or even being an activity leader to help other young people learn about planning for life after high school.



**TRANSITION
DISCOVERIES**

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This tip sheet is aligned to the "Cross Agency Collaboration lesson plan. You can search in the "resources" page on [transitiondiscoveries.org](https://www.transitiondiscoveries.org) to download it!