

Lesson Plan

Adulthood: Prepare One Step at a Time

Sub Indicator 7.7: Transition Conferences

Common Core Standard

Initiate and participate effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on [age appropriate] topics, texts, and issues, building on others' ideas and expressing their own clearly and persuasively.

[CCSS.ELA-LITERACY.SL.9-10.1](#) &
[CCSS.ELA-LITERACY.SL.11-12.1](#)

Learning Objective(s)

Students will be able to strategically participate in a transition conference by **identifying and articulating** which areas in transition planning are most important for them to learn about based on their own questions & goals.

Materials

- Computer
- Video projection
- Speakers
- Digital Notepad or Poster Notepad
- Printed or digital versions of handouts & organizers
- Motivators to give out for youth that participate in the conversation

Opening Activity – Whole Group, 10 Minutes

Activity Purpose: Brainstorming questions about adulthood

Description of Activity:

1. To get students thinking about adulthood, watch [this video](#). Before you start, ask students to notice any questions they think about adulthood as they watch.
2. After the video, tell students that today they are going to start to explore what they want to know through questions they have about adulthood.
3. Ask students to remember any questions they had while they watched the video. Write these down on a digital notepad or poster notepad.
4. Ask students what other questions they have about becoming an adult. Remind them that “boring” things, like how to find a house or pay bills, are all good questions.



Activity 1 – Whole Group, 15 Minutes

Activity Purpose: Become familiar with areas of transition services and activities on their IEPs as they connect to questions they have about becoming an adult

Description of Activity:

1. Project a copy of the transition plan section of a sample IEP
2. Review the different areas of the transition plan and explain that they all have one of these as a part of their IEP
 - a. Solicit any student expertise on a transition plan or clarifying questions from the group if this is new information
3. Let students know that the questions the group just generated in the opening activity are all questions that can be addressed by transition activities and services. They can even set goals to learn more about the really big questions they have.
4. Work with the students to categorize & label their questions in terms of: Career/Employment, Education/Training, Community Experience & Independent Living
5. After the group finishes categorizing, review to see if there is an area of transition planning where the group had a lot of questions

Activity 2 – Individual, 25 Minutes

Activity Purpose: Narrow our scope to be strategic in our current transition planning

Description of Activity:

1. Say: “Gaining the skills and knowledge for adulthood can feel overwhelming if we look at it as a whole. But when we chunk it down into parts and figure out what is most important to us right now -- it becomes a little less overwhelming to start. Today you are going to do just that. Take a look at all of our questions and the different areas of transition planning that they fall into. Is there one area that has more than two questions that feel most important to you right now? Pick that area for our activity today.
2. “Use “Strategizing for Success” attached handout to collect information to answer the different questions you feel are important for you to answer in the area you chose. We will use different ways to find information, like web searches, asking trusted adults and observation. We’ll get as much done as we can with our time today. Just know though that you will have some work to do outside of this lesson to collect all the information by talking to trusted adults at home and doing observations of adults, if that will help you answer your questions.”

Activity 2 – Continued

Extension activity: If youth that you work with are planning to attend an upcoming transition conference, have them bring a copy (digital or printed) of the graphic organizer to the conference and support them to strategically sign up for learning sessions that will support them to gain knowledge about their specific area of transition planning that they chose to focus on in this lesson.

Closing Activity –Whole Group, 5 Minutes

Activity Purpose: Share out

Description of Activity:

1. Have youth share one thing they found out as they investigated more to answer their questions.
2. If they did not find anything, have them share what question they are most motivated to find the answer to and who they plan to talk with to answer it.

Strategizing for Success:

The most important questions to me for getting ready to be an adult right now

Area of transition planning I have the most questions about right now: (highlight one)

Community Experience	Post School Education & Training
Career & Employment	Independent Living

Question #1	[put your question here]
Information I found on the internet	
What a trusted adult told me	
What I have observed adults doing	

Question #2	
Information I found on the internet	
What a trusted adult told me	
What I have observed adults doing	

Question #3	
Information I found on the internet	
What a trusted adult told me	
What I have observed adults doing	

Question #4	
Information I found on the internet	
What a trusted adult told me	
What I have observed adults doing	