

TD's Tips!

Civic Engagement



What can I do?

1. Make a list of the different communities you belong to. What do you like about each community? What would you like to change?
2. Search for volunteer opportunities that support the causes that are important to you. You can use Google or [VolunteerMatch](#) to find opportunities that interest you. You can also ask a teacher, friend, or family member for ideas.
3. Identify your local, state, and federal representatives and learn about their roles in government and representing you. You can use a site like [USA.gov](#), [House.gov](#) or [MyReps](#) to learn more.
4. Interview a professional who gives back to your community, such as a fire fighter, government official, advocate, or anyone positively impacting your community.

Pro Tip!

If you are nervous reaching out to someone on your own, ask a member of your transition team to help you contact the person you want to interview!

How about an ultimate challenge?

After your interview, discuss what you learned with your transition team. Identify a way you can get involved in your community!



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This tip sheet is aligned to the “Independent Living and Community Engagement” lesson plan. You can search in the “resources” page on [transitiondiscoveries.org](#) to download it!