

# TD's Tips!

## Community-Based Experiences



### What can I do?

1. Make a list of the experiences in your community that are important to you. What skills do you need to participate in those experiences? Answer the following questions:
  - What do I need to know/do before I go?
  - What do I need to know/do while I am there?
  - What do I need to know/do when I leave?
2. Split this list into two categories: “Skills I Already Know/Have” & “Skills I Still Need to Learn.”
3. List the resources available to you in your community that can help you learn the skills in your “Skills I Still Need to Learn” category.

### Pro Tip!

Create a timeline for when you want to master your “Skills I Still Need to Learn” so you can set a goal for participating in each experience independently.

### How about an ultimate challenge?

Share your timeline with your transition team and work with them to practice learning what you need to learn.

