

TD's Tips!

Planning for Future Living Arrangements



What can I do?

1. Ask your transition team to help assess your strengths, goals, needs, and priorities so you can decide the best match for where to live after high school.
2. Talk with your family. Make a list of what you need to do, to be ready to move out after high school.
3. Connect with programs that can help you learn how to manage your money, the cost of living on your own, and what healthy living looks like for you.
4. Investigate if your community has housing options that are accessible and provide supports for your specific disability. If some are available, decide if you want to apply for them.

Pro Tip!

Once you decide what is the best match, ask your transition team to help you make an appointment to take a tour of possible places to live.

How about an ultimate challenge?

With your transition team, including your family, create a "Moving Out Timeline" and make a detailed plan of how, when, and what you will do to live on your own in a situation that best fits your needs, preferences, and dreams for your adult life.

**TRANSITION
DISCOVERIES**

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This tip sheet is aligned to the "Independent Living and Community Engagement" lesson plan. You can search in the "resources" page on transitiondiscoveries.org to download it!