

Common Core Standard

Students will be able to “prepare for and participate effectively in a range of conversations and collaborations with diverse partners, building on others' ideas and expressing their own clearly and persuasively.”

[CCSS.ELA-LITERACY.CCRA.SL.1](#)

Learning Objective(s)

Students will be able to identify and implement strategies that promote anti-bullying efforts.

Total Lesson Time: 65 Minutes

Materials

SmartBoard/ projector
Pad/Computer access for students

Writing Materials
Poster Board; access to presentation creator
Paper for Activity 2 options

Opening Activity – Whole Class, 10 Minutes

Activity Purpose: Students will be able to identify what bullying is

Description of Activity:

1. Introduce the lesson by stating: “Today, we are going to learn about bullying, how it makes people feel, and how we can advocate (or speak out) against bullying to help those around us.”
2. Play [this video](#).
3. Follow up questions:
 - a. What are some differences between bullying & conflict?
 - i. *Conflict: Disagreement or argument where they see views differently; happens everyday*
 - ii. *Bullying: negative behavior where people try to have control over one another; intent to harm, hurt or humiliate*
 - b. What are some ways people can be bullied?
 - i. *Physical (pushes, hits, bites, kicks, damaging someone else’s items, etc.), Verbal. Emotional (least obvious because it makes people hurt on the inside), Cyber Bullying*
 - c. What are some common results of bullying?
 - i. *Scared to go to school, Miss out on learning, Less confidence, Typically unsure of how to ask for help*



Activity Purpose: Students will be able to identify strategies to promote anti-bullying

Description of Activity:

1. Start activity by stating: “ Bullying is never a fun subject to talk about. However, it is important to draw awareness to the subject so that we can aim to decrease bullying in our schools & in our communities. There are a good amount of organizations that work towards anti-bullying efforts. Let’s explore some organizations and how they work towards decreasing bullying”
 - a. StopBullyingnow.org
 - i. Explore the get help now page, specifically the section on “a child is being bullied in school.” Review options of what someone can do.
 - ii. Depending on age group, on the right hand side, click on [“What teens can do”](#) or [“Kids”](#) and explore these pages
 - iii. Specifically explore the [“Respond to Bullying”](#) page to create an open dialogue of what “bystanders” can do if they notice someone else being bullied
 - b. Stompoutbullying.org
 - i. Explore this website as much as you see fit
 - ii. Explore the [bystanders page](#) & create open dialogue on why it is important to speak up

Activity 2 – Small Group, 30 Minutes

Activity Purpose: Students will implement a strategy that can help promote anti-bullying

Description of Activity:

1. Split students into small groups of 3-4 students each
2. Instruct students that they will have 3 options to pick from and will decide as a group, which strategy they want to implement to advocate for anti-bullying efforts.
3. Options:
 - a. Option 1: Create a poster or multiple mini posters on bullying.
 - i. Students can get creative with these posters such as defining bullying and ways to speak up against it; what bullying looks like; different forms of bullying; etc. Allow students to make this their own. These posters can be hung in the hallways of the school
 - b. Option 2: Students can create a script or multiple mini scripts on anti-bullying. This option can serve as an announcement type of script during morning and/or afternoon announcements. Ideally, students should keep the scripts short and straight to the point with key ways to stand up against bullies.
 - c. Option 3: Students can photograph images of what bullying is and how it makes people feel. With these images, students should create a presentation that could be viewed in a communal space within the school (such as a TV in the hallway or on the school website).

Closing Activity (optional) – Whole Group, 5-10 Minutes

If time allows, have students share their ideas and their projects with other students in the class.