

Lesson Plan

Building Positive, Supportive Friendships

Sub-indicator 5.1: Friendship

Common Core Standard

Students will be able to “prepare for and participate effectively in a range of conversations and collaborations with diverse partners, building on others' ideas and expressing their own clearly and persuasively.”

[CCSS.ELA-LITERACY.CCRA.SL.1](https://www.corestandards.org/ELA-Literacy/CCRA/SL/1/)

Learning Objective(s)

Students will be able to **identify** important characteristics within a friendship.

Students will be able to identify important characteristics in positive friendships and be able to connect friendships to their transition planning process success.

Materials

Smart Board/projector
iPad/Computer access for students
Writing Materials

Access to PowerPoint document
Markers
Poster board for activity 1
Blank paper or thank you notes for activity 2

Opening Activity – Whole Class, 10 Minutes

Activity Purpose: Students will discuss what makes a good friend.

Description of Activity:

1. State: “Today, we are talking about friendships. Friendship involves building relationships with individuals that you can trust, care for, and have fun with. Having friendships means that you are connecting with other people that have similar interests and that you enjoy being around.”
2. Let’s talk about some positive ways we can be good friends and others can be good friends to us. [Use this video](#) to introduce the many qualities of healthy friendships.
3. Follow up questions:
 - a) Let’s talk about qualities we learned in this video of good friends. Are good friends selfish? (*Allow class to answer with no*) Then ask, are good friends kind? (*Answer: yes!*)
 - b) Talk about other qualities-honesty, helpful, inclusive (sharing with others & inviting others into your group or to play a game), encouraging, good listener, trustworthy, forgiving, etc.



Activity Purpose: Students will be able to identify friends in their life and identify positive qualities within those friendships.

Description of Activity:

1. Open activity by stating that students will be creating an infographic, PowerPoint presentation, or poster board on friendship and the friends in their lives.
 - a. Option: Students can discuss friendship in general if they would rather not talk about specific friends in their life.
2. Allow students about 2-3 minutes to decide which option they want to choose
3. Instruct students that they can choose to include anything within their presentation but must include:
 - a. 1 sentence or picture describing “What friendship means to me!”
 - b. Positive qualities & “must haves” in a friendship
 - c. How I am a good friend to others section
 - d. How my friends help/ support me with my transition planning process

How will students demonstrate their learning?

Students will present/share their presentations with the group.

Activity 2 – Individual, 20 Minutes (can finish outside of class)

Activity Purpose: Showing appreciation to our friends

Description of Activity:

1. Students will have an opportunity to show appreciation towards their friends by writing thank you notes or appreciation notes to the friends in their life.
 - a. Option: Students may use a word document to create appreciation notes
2. Depending on student writing skills, writing guides may be provided but also encourage students to brainstorm qualities that they used in activity 1 to share in their notes
3. Students may decorate or draw within the notes at teacher discretion
4. Instruct students to give these cards to their friends when they are ready.

How will students demonstrate their learning?

Students will be able to identify, acknowledge, and appreciate positive qualities about their friends.

Closing Activity – Individual exit ticket, 5 Minutes

This closing activity would be good to use on a small bulletin board or other area in the room with the title: “What friendship means to us...”

1. Give students a blank scrap of paper
2. Instruct them to write 1-2 words that is of utmost importance to them regarding friendship (For example: Honesty & forgiveness)
3. Have students hang their sheets on the board as they exit class