

TD's Tips!

Family Engagement



What can I do?

1. Share your dreams, strengths, goals and needs with your family as you change & grow throughout high school, so they can support you better.
2. Help connect your family to your transition planning by talking to them each week about what you are doing to reach your goals in school & in the community.
3. Invite one or more trusted family members to your IEP meeting each year. Don't just leave it to your case manager to send an invitation!
4. Ask the transition team about different services, support, and opportunities that are available for your family too. When they get support, they can support you!

Pro Tip!

Ask your transition team if there are family trainings and workshops that you and your family could attend together. Learning together connects us.

How about an ultimate challenge?

Before your IEP meeting, sit down with your family to discuss what you all want to learn about the transition planning process. At your IEP meeting, ask your case manager and other school staff how they will help you and your family learn what you want to learn.



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This tip sheet is aligned to the “Family Engagement” lesson plan. You can search in the “resources” page on [transitiondiscoveries.org](https://www.transitiondiscoveries.org) to download it!