

TD's Tips!

Person and Family Centered Program Design



What can I do?

1. Make a poster or presentation, about activities you would like to participate in outside of school. Your team can help you find and sign up for them!
2. Create a self-portrait of you in your dream job. Ask a trusted member of your transition team to help you include a list of the classes or internships that would build your skills for your dream job.
3. Make a list of volunteer opportunities you would like to do. Then bring them to your transition team to help you make a list of the steps to sign up to volunteer. Start to go through the steps.

Pro Tip!

Identify classes or internships that teach skills and knowledge for your dream job. Make a timeline for when you will enroll in and complete these learning opportunities. Have your case manager review the timeline and get started on your plan!

How about an ultimate challenge?

Bring this timeline to your next IEP meeting. Explain what your dream job is and the skills and knowledge you need. Then have your transition team make sure the courses you're taking match the timeline. Have your team help you find programs in your community that match your future goals!



This tip sheet is aligned to the "Youth Development lesson plan. You can search in the "resources" page on [transitiondiscoveries.org](https://www.transitiondiscoveries.org) to download it!