

# TD's Tips!

## Significant Role of Adult



### What can I do?

1. Make a list of important adults in your life, including family members, school, or community professionals.
2. Why are these adults important? What are their positive characteristics?
3. List adults in your school who have supported your transition process.
4. If any of these important adults are not a part of your transition team, think about ways they can get involved in your transition process.
5. Talk to your transition team and brainstorm ways more important adults can be involved in your planning process.

### Pro Tip!

If some important adults are teachers, think about how what you learn in their classes could prepare you to reach your goals as an adult.

### How about an ultimate challenge?

Help your transition team learn about important adults in your life, so they can make sure your important adults are involved in your transition planning.

