

TD's Tips!

Leadership Skill Development



What can I do?

1. Tell a transition team member that you want to share your goals, dreams, and needs in your IEP and transition planning meetings.
2. Write and practice what you want to say. That will build your confidence.
3. Use opportunities in class, work, or the community to develop leadership skills. For example, join your school's debate team, volunteer for a school committee, or join a youth advocacy group.
4. Talk to your family members about leadership opportunities through faith based or community groups that your family already is a part of.
5. Find a peer support group and become comfortable sharing with and leading others.

Pro Tip!

Think about the leaders in your school and community and the positive skills they have. Make a list of why you consider them a leader.

How about an ultimate challenge?

Once you make your list, highlight skills that you want to improve and share them with your transition team. Your transition team can connect you with resources and groups to build those skills.



This tip sheet is aligned to the "Youth Development" lesson plan. You can search in the "resources" page on [transitiondiscoveries.org](https://www.transitiondiscoveries.org) to download it!