

TD's Tips!

Disability Awareness



What can I do?

1. To learn more about your disability, speak to a member on your transition team that can help you find true and reliable resources.
2. Make a list of characteristics of your specific disability or disabilities.
3. Make a list of people you want to tell what you have learned about your disability.
4. Learn more about disability advocacy and how you can begin to advocate for yourself.
5. Determine some accommodations that help you succeed in school right now.

Pro Tip!

Share what you have learned with family, friends, and your transition team. Sharing will increase your confidence in your disability awareness and self-advocacy!

How about an **ultimate** challenge?

Create a list, poster board, video or PowerPoint of facts about your disability. Make the “information board” as a fun way to share your knowledge of your disability. Add pictures and or graphics of yourself and share why your disability makes you proud!



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This tip sheet is aligned to the “Youth Development” lesson plan. You can search in the “resources” page on transitiondiscoveries.org to download it!